

# Weekly Time Sheet: Process #19 & #20

Topic: Mirrors - Staying Healthy	Page #313	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

**Opening Statement:** The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

- **Did they give their accountability cards out?**

## Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

<input type="checkbox"/> Self-Evaluation: Establishing Your Own...	p. 314	15 min
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<input type="checkbox"/> Review rest of Process 19		15 min
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<input type="checkbox"/> B/J Question: Willingness V. Ability	p. 329	15 min
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<input type="checkbox"/> Word of Encouragement to each member		15 min
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<input type="checkbox"/> Closure, Certificates of Completion, Future Meetings		20 min
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<b>Closing Prayer</b>		5 min
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**Notes:**