

Weekly Time Sheet: Process #16

Topic: Change - What It Takes	Page #261	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

Opening Statement: The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

☐ **Review Group Surveys** 10 min

Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

<input type="checkbox"/> Self-Evaluation: Change	p. 264	15 min
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<input type="checkbox"/> Accountability Cards "What can I see or hear when you..."	p. 266-7	15 min
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<input type="checkbox"/> Double Binds, Q. 1: Review	p. 269	15 min
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<input type="checkbox"/> Double Bind Worksheet	p. 270	15 min
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Weekly Commitment Plan & Calls	p. 256	25 min
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Closing Prayer	5 min
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Notes: