

Weekly Time Sheet: Intro to Book II

Topic: Life History	Page #151	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

Opening Statement: The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

☐ **Review Group Surveys** 15 min

Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

<input type="checkbox"/> Reviewing: Q. 1	p. 155	10 min
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<input type="checkbox"/> Reviewing: Q. 2	p. 155	10 min
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<input type="checkbox"/> Stages of Change	p. 156	20 min
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<input type="checkbox"/> Double Binds	p. 157	20 min
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Weekly Commitment Plan & Calls	p. 157	25 min
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Closing Prayer	5 min
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Notes: