

Weekly Time Sheet: Process #7

Topic: Spiritual Freedom

Page #95

Total Time

Time Each

☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement

5 min

Opening Statement: The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed:

20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

☐ What would Jesus say about what you've given power to?

p. 97

5 min

2 people

☐ **Desire** - Rate Top 3, Share 2 or 3

p. 98

15 min

☐ **Resentment** - Share 2 or 3 (focus on today)

p. 100

15 min

☐ **Fear** - Rate Top 3, Share 2

p. 102

15 min

☐ **Dialogue with God** - Transfer all, Share 1 or 2

p. 103

15 min

Weekly Commitment Plan & Calls

p. 105

20 min

Closing Prayer

5 min

Notes: