

Weekly Time Sheet: Process #18

Topic: Mirrors - Staying Healthy	Page #291	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

Opening Statement: The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

- **Did they give their accountability cards out?**

Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

<input type="checkbox"/> B/J Question: Holy Spirit	p. 292	5 min	1-2 share, 2 min each
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<input type="checkbox"/> Cleaning Your Mirror	p. 294-308	30 min	
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Morals, integrity, romance, reactions, optimistic outlook, recovery, spiritual growth

Pick 3 strongest areas for evaluation/application.

<input type="checkbox"/> Practical Application	p. 309	15 min	
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Weekly Commitment Plan & Calls	p. 309	25 min	
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Closing Prayer	5 min		
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Notes: