

Weekly Time Sheet: Introduction Meeting

Topic: Introduction	Page # 1	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

Opening Statement: The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Made Calls

- Has Prepared Commitment/ Risk

Discussion: Self-Evaluation Questions & Worksheets (60 min. total time)

☐ What do you want to change? Why Now? 25 min

☐ **Brief Overview of Introduction** p. 2,3 20 min Facilitator

<input type="checkbox"/> Review Standards	p. 11		15 min
<input type="checkbox"/> Review Group Rules	p. 14-16		
<input type="checkbox"/> Sign Confidentiality Agreement	binder		
<input type="checkbox"/> Answer questions			

Weekly Commitment Plan & Calls p. 18 25 min

Everyone has someone to call for Process 1

Each person picks a specific day and time to call AND be called (**NO texting or email**). They will ask...
"Have you viewed the video & completed homework?" (They should have this pre-planned every week)

Closing Prayer 5 min

Notes: