

# Weekly Time Sheet: Process #14, Pt. 2

Topic: False Beliefs	Page #222	Total Time	Time Each
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☐ **Appoint time keeper:**

☐ **Opening:** Prayer & Statement 5 min

**Opening Statement:** The goal of the Genesis Process is to create a safe environment of grace in which to promote personal change and healing. To this end, we suspend judgments, only give feedback in the form of clarifying questions, and share using "I" statements.

☐ **Check in:** Progress Review - Completed: 20 min

- Watched Video

- Completed Homework

- Progress of last week's Risk

- Made Calls

- Has Prepared Commitment/ Risk for this week

## **Discussion: Self-Evaluation Questions & Worksheets** (60 min. total time)

<input type="checkbox"/> Review common self beliefs	p. 227	15 min
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<input type="checkbox"/> Inner healing exercise and reporting	p. 228	25 min
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<input type="checkbox"/> Double Bind	p. 229	20 min
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<b>Weekly Commitment Plan &amp; Calls</b>	p. 229	25 min
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<b>Closing Prayer</b>	5 min
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**Notes:**